

BOYS' RECREATIONAL GYMNASTICS SUMMER SESSION

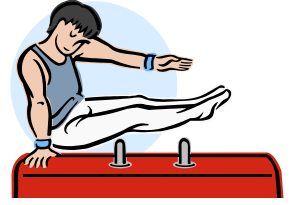


July 1 - August 23, 2024

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WORLD CUP GYMNASTICS
170 JOAN CORWIN WAY, CHAPPAQUA, NY 10514 (914) 238-4967
www.worldcupgymnastics.com

TIME	MONDAY 8 weeks \$310	TUESDAY 8 weeks \$310	WEDNESDAY 8 weeks \$310	THURSDAY 7 weeks \$271.25
10:00-10:55			Pre-Rec. 1 (Ages 4.5 – 5.5 yrs.)	
4:00-4:55	Rec. 1 (Ages 5 – 6 yrs.)	Rec. 1 (Ages 5 – 6 yrs.)	Rec. 1 (Ages 5 – 6 yrs.)	Rec. 2 (Ages 7+.)
	Rec. 2 (Ages 7+ yrs.)	Rec. 3 (Ages 7+ yrs.)	Rec. 2 (Ages 7+ yrs.)	Rec. 3 (Ages 7+ yrs.)

Classes in bold require instructor approval.

PRE-REC. 1 (Ages 4.5 – 5.5 yrs.) & REC. 1 (Ages 5 – 6 yrs.)

In this class for children in kindergarten and first grade, we introduce new skills and techniques that build on those they have learned in our Preschool program. They learn new ways to roll, improve their cartwheels and strengthen their muscles using stations and drills designed for their ages and abilities. We include a variety of challenges (i.e. eye/hand and eye/foot coordination, balance, etc.) that will enhance any sport a child may play, not just gymnastics

REC. 2 (Ages 7+ yrs.)

This 55-minute class for our older beginner gymnasts is designed to improve their flexibility and strengthen their muscles. Each class will start with a basic warm-up, and the boys then move on to the men's equipment. Because young boys usually lack the strength required for some of the gymnastics apparatus, the floor exercise and vault are emphasized most at the beginning levels.

REC. 3 (7+ yrs.) (Instructor approval required)

This class is for older gymnasts, and those with an interest in and the ability to learn higher-level skills. We work on new moves, including more challenging mounts and dismounts, advanced tumbling combinations and extensive work on the trampoline and TumbTrak (mushroom circles, flips, etc.). Instructor approval is required for this class.

FEES*

Please add annual Anniversary (Membership) Fee of \$40.00 to each new member's tuition.

From June 1, 2024 on, the Anniversary Fee will be \$50, valid through May 31, 2025.

Time	5 weeks	6 weeks	7 weeks	8 weeks
55 minutes	\$193.75	\$232.50	\$271.25	\$310.00

*To register for the summer session, you must sign up for a minimum of six pre-selected weeks (5 weeks if you are signing up for a 7-week Thursday class). Two make-ups are allowed per child in the Summer Session.

PLANNING FOR FALL? The 2024-25 School Year Session will begin on Tuesday, September 3, 2024.