

# PRESCHOOL GYMNASTICS SUMMER SESSION

July 1 – August 23, 2024



WORLD CUP GYMNASTICS  
170 HUNTS LANE, CHAPPAQUA, NY 10514 (914) 238-4967

Amanda Farrell, Program Coordinator  
Register online through the Customer Portal,  
accessible from [www.worldcupgymnastics.com](http://www.worldcupgymnastics.com)  
or call 914-238-4967, x10  
gymnastics@worldcupschools.com



TIME	MONDAY (8 weeks)	TUESDAY (8 weeks)	WEDNESDAY (8 weeks)	THURSDAY (7 weeks)	FRIDAY (8 weeks)
10:00- 10:45	COZY 2'S	COZY 2'S	PRE-REC. 1 (Ages 4.5 – 5.5 yrs.) (10:00 - 10:55).	COZY 2'S	COZY 2'S
	CLIMBING 3's & 4's	CLIMBING 3's & 4's	CLIMBING 3's 4's	CLIMBING 3's 4's	CLIMBING 3's 4's

## PRESCHOOL GYMNASTICS CLASS DESCRIPTIONS

Preschoolers love to run and jump and climb and roll. World Cup Gymnastics is the perfect place for that kind of fun! Our Preschool Gymnastics program is designed to allow every child to develop gross motor skills while channeling abundant energy and introducing him/her to the wonderful sport of gymnastics. We provide a safe and fun-filled environment in which we educate your child in basic gymnastics skills. Our staff is trained to help children have fun and feel successful as they learn and grow.

### COZY TWOS (Age 2 yrs.)

An innovative introduction to the world of gymnastics, in Cozy Twos your child will begin to learn the fundamental skills involved in gymnastics. With an adult participant, your child will discover body awareness, basic gymnastics positions, and gymnastics terminology. The Cozy Twos class is full of opportunities for your child to roll down wedges, swing on the bars and rings, jump on trampolines, and explore a variety of colorful and creative obstacle courses.

### CLIMBING THREES & FOURS (Ages 3 & 4 yrs.)

Young gymnasts will find the Climbing Threes class a slightly more structured opportunity to grow in their gymnastics ability, while expanding their sense of independence and self-confidence. Using a combination of preschool equipment and competitive equipment modified for children of this age, each student will achieve a better understanding of the sport of gymnastics. The concepts of balance, flexibility, and strength will be emphasized while we begin to focus on form as well.

### PRE-REC. 1 (Ages 4.5 – 5.5 years)

This class is designed for Preschoolers who are ready for more of a challenge, who have had some gymnastics experience. They will increase their self-discipline and independence as they take turns using competitive gymnastics equipment, rather than Preschool obstacle courses, to practice their skills. This class is structured like a Recreational class, and will focus on building the strength, coordination, flexibility and discipline needed to master the skills taught in Rec. 1.

**FEES:** Please add an annual Anniversary (Membership) Fee of \$40.00 to each new member's tuition.  
From June 1, 2024 on, the Anniversary Fee will be \$50, valid through May 31, 2025.

	5 weeks	6 weeks	7 weeks	8 weeks
Cozy/Climbing	\$177.50	\$213.00	\$248.50	\$284.00
Pre-Rec. 1	\$193.75	\$232.50	\$271.25	\$310.00



\*To register for the summer session, you must sign up for a minimum of six pre-selected weeks (five if you are signing up for a 7-week Thursday class).  
Two make-ups are allowed in the Summer Session..

**PLANNING FOR FALL? The 2024-25 School Year Session  
will begin on Tuesday, September 3, 2024.**

